



LANCASTER MENNONITE

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PHYSICAL DAY REQUIREMENTS

- Face masks are required by all to enter the building
- There will be a thermal/symptom screen before entering the building
- LMS physical packet must be completed before entry into the building
- 1 parent/guardian is allowed to accompany student for the physical

PHYSICAL DAY EXPECTATIONS

- Sign up for your individual time slot using the SignUpGenius sheet online
- Start at the parking lot of Gym A – a greeter will be coming out to the parking lot and will announce the next student-athlete to complete physical
- In Gym A, we will be conducting evaluations at separate stations for height & weight, blood pressure and a musculoskeletal exam before exiting Gym A towards the small hallway that places you at Gym B.
- There will be 4 Doctors performing the health screening in Gym B.
- After the health screening has been completed, the student-athlete (and parent) will be exiting out of the Gym B exit to ensure proper flow (Gym B's Exit is next to the weight room in the hallway of Gym B)
- Space will be provided to ensure 6 ft distancing at all times
- Hand sanitizer will be placed at: front desk at Gym A, Gym A hallway, and Gym B exit